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Kerrisdale FSC Newsletter

Issue: September/October 2019

"Don't practice until you get it right, practice until you can't get it wrong!"
- Author Unknown



Welcome

all skaters to the Kerrisdale Skating Club (KFSC) 2019/2020 season!

Our skating schedule is in effect from September 10 to December 22 and from January 6 to March 27.

We look forward to seeing your children's progress & enjoyment in skating.

President's Corner

"Welcome back to skate with us for the 2019-2020 season! We hope CanSkaters enjoy the new look of CanSkate under the direction of CanSkate Coordinator Shannon Balabardin. Lots of fun days ahead! StarSkaters too will experience more 'team' teaching and group instruction this year, which will be fun for everyone - skaters and coaches! Happy skating everyone - see you at the rink!"

-Margot Delorme

Coaching Tip

ALWAYS STRIVE TO BE THE BEST YOU CAN BE As a person, a friend, an academic, an athlete! Set goals for yourself and determine the steps needed to achieve these goals. Benefit from the knowledge parents, teachers and coaches can offer then give yourself the tools to help you achieve the steps to your goals - be punctual, be prepared with a plan for the day/session in mind, work/practice hard, enjoy the journey (both challenges and successes), smile and always DO YOUR BEST!!

-Coach Martine McDonald

Safety Notes and Rules

Ice Tykes & CanSkaters: It is mandatory that you wear a CSA approved helmet - bike helmets are not allowed.

Ice Tykes and Canskater Parents MUST stay at the rink while their child is on the ice.

All Skaters:

Coaching by parents from the stands or benches is not allowed at any time. Parents will be asked to leave the arena if this happens.

We are pleased to announce our 2019/2020 Coaching Team!

Nikolai and Shannon Balabardin
Martine McDonald
Darcee (Feenie) Matthews
Shanelle Horobec
Sequoia Korner
Igor Koreshev
Cedar Bridgewood

Program Assistants

Program Assistants are experienced skaters who help our professional coaches teach younger skaters in the Pre-CanSkate and CanSkate programs.

PA's develop leadership skills and assist in the skill development of young skaters, plus STARSkate skaters can complete their community service hours for their high school curriculum as PA's in our CanSkate Program!



"I like teaching little kids the sport that I love. And I like watching them improve and begin to love the sport like I do."

-Kyra Uyeda, experienced PA

"I like working with the CanSkaters because it's fun to share a sport that I love with someone that is trying to learn. I also like earning the gift cards so I can go shopping with my fellow skating friends!"

-Jade Holness, experienced PA

"I wanted to be a PA because I used to look up to the PA's when I was in CanSkate, and now I wanted the CanSkaters to learn what they can from me!"

-Aurea Wilkins, new PA

Upcoming Events

Nov. 7-10 - BC Sectional Championship, Kelowna

Nov. 22-24 Jingle Blades, Prospera Centre, Chilliwack

Nov. 28- December 3 - Low Test Week, Kerrisdale Arena

Nov. 30 - Synchro Gala Display, South Surrey

Dec. 7 - High Tests - North Surrey

Dec. 15- KFSC Winter Skate family event

Call for Volunteers

Our skating club runs on volunteer hours to keep costs lower for our skating membership. We are always looking for parents for our committees. If you have any questions about volunteering or would like to volunteer please e-mail info@skatekerrisdale.com

Program Assistant Award

Congratulations to An Yan Shi, the 2019 recipient of the PA Award, for his efforts and dedication to the CanSkate group last year!



Winter Skate!

Save the date!

KFSC will be hosting our club winter skating social for members and their families.
Free skate rentals available!

When: 11:30 - 1pm

Sunday, December 15th

Where: Kerrisdale Arena



If you have any questions or concerns, please contact the following:

Margot Delorme - Club President: info@skatekerrisdale.com

Marian Slater - Club Office Assistant: info@skatekerrisdale.com

Shannon Balabardin - Program Administrator and CanSkate Coordinator: nsb_sk8@yahoo.ca

Nikolai Balabardin - Skating Director and Future Stars Coordinator: nsb_sk8@yahoo.ca

